

dishes many Italians enjoy. I cannot vouch, incidentally, that this is exactly how it went..it is the way it was discussed in the lunch room and you know those discussions are subject to prejudice and distortion.

At one time, on coming to the weigh-in, Mr. Basile concluded that if he had a lot of extra weight at the time it would be easier for him to lose it later. So he drank about six quarts of water...that is a lot of weight, just before the weigh-in. It meant that after being weighed-in, in the space of a day or so he would shed about six pounds and be well on his way ahead of Dr. Newman. Unfortunately he became ill having drunk so much water and suddenly "released it all" in a series of wild, fountainlike disturbances that took out the water and who knows what else. Dr. Newman held to the time of the weigh-in and poor Basile actually reported a few pounds lighter than his true weight due to the rapid dismissal of so much content.

Mrs. Mangum was generally excused from the public weigh-in and her word was taken as valid..never any question. Carl M. was duly weighted and entered on an occasion or so. I must add that not all participants were involved in all cases and the formal nature of the affair not so serious as I denote it in this writing. But it was serious stuff. Mr. Basile could not fast on the weekends (and not really very well during the week) so he had a huge onus with which to contend. Dr. Newman was eating in the school cafeteria with much easier fasting at hand and Mr. Martin was cooking for himself. Mrs. Mangum was working horrendous hours at the Seminary and that took a lot of energy and sustenance.

Well, Mr. Martin easily won any of the short term contests in which he was involved. His ability to knock off a few pounds was legendary. Dr. Newman always defeated Mr. Basile, handily, I might add, and Mrs. Mangum held her own..however you want to look at it. Over the long run Dr. Newman was the biggest winner since what he gave away did not return. I believe history will judge him the true champion. And if I have overstated or incorrectly assessed some of the facts, I will begin dieting quickly.