

2. Knowledge is the mental possession of information. Study gives knowledge discipline and refinement.

3. Wisdom is the ability to apply knowledge to the solving of problems and opportunities at any level. Study is the means whereby knowledge becomes wisdom.

The fear of the Lord is the first part of knowledge (Proverbs 1:7) and wisdom (Psalm 111:10). Respect of the Lord gives added meaning to both and encourages the processes of study.

Study is the necessary day-by-day methodology in the basic processes of life, although it may be conducted in more or less effective ways. The point of this booklet is to encourage the development of better study habits for the more effective one is in study, the better one will be in learning, gaining knowledge, and exercising wisdom.

II. Factors affecting Study

A number of factors affect study and the study processes. Students are sometimes ineffective in study simply by virtue of being unaware of these factors. The basic categories are these: Personal factors, academic factors.

1. Personal Factors:

- General state of health
- Proper rest, avoid fatigue
- Diet
- Environment