

--teach someone else!

Try to find someone with whom you can share the things you have studied and read. One learns more in teaching than in listening and if you can find an avenue to teach..not just what you have learned but the important aspects that may arise from it, you will find both study and recall much easier. If you really want to learn a language alphabet, for example, teach it to one of your children..if you have a family. And just in studying what you have learned and sharing it with a wife is equally useful...although one must be guarded about the boredom level in that special case.

IV. Helps in Areas of Study

There are several features which, while not being study in a formal sense, are helpful in the progress of study. This is general advice and needs adjustment for different people and programs. But much of it is easily overlooked or ignored and the study process made less efficient.

- When you hear a lecture
- When you read a book
- When you prepare a paper
- When you prepare an assignment
- When you take a test
- When work is returned
- When you make a presentation

--When you listen to a lecture

Lecturing may not be the best way to teach but it shows up a lot in all sorts of courses. When you hear a lecture, try to be alert. Sitting in the front of the room is a big help.