

2. The big fact is that God loves us and in His fatherly wisdom will not permit us to live "untrained." How we respond to the training is another matter!
3. I have divided the disciplines, as I see them, into two areas. The first I call "spiritual" meaning that these are the essential guidelines in Christian living and the second I call "temporal" in that they are life conditioned. And if you do not understand that--I am not sure I do, either. But I will try to make it more plain in discussion and you are free to question, denounce, or come up with wording of your own!

B. The Spiritual Disciplines...not punishing in any sense but guiding in development and Christian maturity.

1. Worship

- a. By definition, worship is the heart's adoration of God. It is an occupation of gratitude and wonder.
- b. Biblical Instruction:
 - (1). The great commandment Deuteronomy 6:5
 - (2) The desire of the Father: John 4:23
 - (3) The plea of the faithful: Psalms 95-96
 - (4) The Revelation scene: Revelation 4-5
- c. In practice:

The concept is that we prostrate ourselves before God that His greatness may be seen. We are assigning to Him the pre-eminent place that is His.
- d. As a discipline, worship trains us to:
 - (1) stay humble
 - (2) recognize authority (sovereignty)
 - (3) appreciate grace
 - (4) re-order life in respect of our Lord

2. Prayer:

- a. By definition prayer is talking with God. It may involve praise, intercession, worship, etc., but basically it is our hearts reaching out to Him in a verbalized sense.