To remember isnot to brood on the past but to consult the reality of the past as a key to understanding the present and preparing for the future. Some remembrances are painful but there is a joy even in these...for from them we learn many lessons about the grace of God. The real challenge however is to use the remembrance for the enrichment of the present. And that is the joy of remembrance.

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Practice it when we meet to "remember" the Lord with the emblems that speak of His sacrifice.

Practice it when you feel frustrated or overwhelmed by a present circumstance.

Practice it when you have an opportunity to serve and to be a blessing to others.

Practice it when you see others growing and being guided in the will of God.

Peter's prayer is very direct. He would not leave his flock without an admonition to remember what the Lord means to us and how He has benefitted and challenged us. The joy of memory is the point of his exhortation.