seriously in His promise to help. He does not suggest there will be no problems...in fact, He notes there will be more! But with that consideration He promises help.

- 1. The Promise: He will help with our load! In addition to the Scripture given, add Isaiah 30:45 and 40:31
- 2. The Authority

97t. 23

3. The Reality:

106.107

- a. The history of Israel
- b. The early church
- c. Our historical setting
- 4. The Effect:
 - a. Deliverance from frustration
 - b. A sharing of the load
 - c. Deliverance from guilt and failure
- 5. Conclusion: With the old Gospel song: Take your burden to the Lord and leave it there.

III. Conclusion to our studies:

Master the promises and allow them to recondition your everyday life. Our hope is in the Lord (Psalm 39) Grip the promises firmly for your own comfort and encouragement and remember that the Lord has given them and He is the security on which we depend.