

f. Receive the benefits of blessing

### 3. Conclusion

It would help a lot if we would just "stay out of the way." But failing this we work ourselves into emotional nightmares. (Remember that I have said several times emotional capacities differ as do muscular capacities, etc.) A very large part of the whole thing is learning the simple truths of trusting God. We best do this through the continued study of the Scripture and prayer for His power and help. But I become an emotional disaster when I will not allow God room and time to work in my situation.

### C. Adopt an Attitude of Praise

1 Thess. 5:18, plus

#### 1. An Introductory Note

By an attitude of praise I do not simply mean a continual reiteration of "praise the Lord." More to our thinking is the concept that one learns to enjoy the reality of the Lord's presence and lives in a state of confidence due to the redemptive work being accomplished in one's life. In this regard the concept of praise is both external and internal..but the internal is what gives rise to the reality of the external. Much external praise is just that and it promotes a shallow salvational experience that is kept alive only by the force of words. But an internal praise that lifts one to rejoice in the Lord will show itself externally as well and will adjust the whole standards of living to honor God and to enjoy His company. Praise, in this connexion, employs worship, thankfulness, and testimony. It is hard to say one is more important than the other and we will do well to consider all three.