- b. The means used by these persons: erecting ordinances that make one dependent on human judgment for security. vss. 20-22. These will only make us increasingly miserable for we have already learned that peace is through the Lord Jesus, not the works of the flesh. vss. 20-22
- c. And we must note that the things suggested often have a certain healthy appeal. Theefore we must be careful to see that the LOrd is honored not just our own ends gained. (vs. 23
- d. The means to pass this test are:
 - (1) hold the head! (vs. 19)
 - (2) don't allow others to be your judge
 - (3) be very guarded about anything that suggests the denial of the flesh is necessarily spiritual.
- 4. Conclusion: We are complete in Christ...every energy that is ours is made alive by Him. He holds us but we need to be careful that we do not reach out to others. It would seem to be unthinkable but the history of testimony is full of the ruined lives of those who professed to hold to Jesus with one hand while walking under the direction of another authority with the other.
- B. Mature Spiritual: 3:1-17

This is a very important section that may be read in harmony with Ephesians 4:17 -- 6:9

- Develop a proper spiritual mental attitude 3:1-4
 - a. Seek
 - b. Set
 - c. Watch

The concepts underlying these simple truths should thrill our hearts and..the more the heart (mind) is on Christ the more we grow in the knowledge and enjoyment of Christ.

- 2. Demolish the childish things of sinful life 3:5-11
 - a. Mortify:
 - b. Put off: